



Date: 06/09/12
 Length: 45 mins
 Start Time: 7:00pm
 End Time: 7:45pm

Group: _____
 Prepared By: DrawLaxDrills.com
 Focus: Skill Development
 Level: U8

Length	Start	Drill Name	Category	Notes
10	7:00pm	Warmup	Warmup	
10	7:10pm	Passing Routine	Passing	
10	7:20pm	2 on 1 Ground Balls	Competitive	
10	7:30pm	Transition 3 v 2 Initiate from X	Competitive	

Notes:

<p>Passing Routine</p>	<p>2 on 1 Ground Balls</p>	<p>Transition 3 v 2 Initiate from X</p>
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